

## Indications and Procedures

All patients are evaluated for their pain management needs with a variety of diagnostic tools, whether for benign or malignant pain. The adequacy of medication management for chronic and acute pain is assessed for each patient as needed. The procedures for treatment of the syndromes listed below are done either in our procedure rooms with full capacity for fluoroscopic imaging, cardiovascular monitoring and the option of conscious sedation. There is also the ability to utilize CT imaging for select procedures if indicated.

## Therapy of Muscular Skeletal Pain

Muscular skeletal pain often results from orthopedic conditions of the spinal column and pelvis, neural involvement and myofascial pain.

The most common procedures are:

- Epidural steroid injections for lumbar, thoracic and cervical pain
- Diagnostic epidurograms
- Epidurolysis of adhesions by hypertonic saline in failed back syndrome
- Facet block
- Discography
- Future capabilities for IDET and nucleoplasty
- Peripheral nerve blocks and selective nerve root blocks
- Lumbar sympathetic blocks for mixed somatic and sympathetic pain
- Radiofrequency thermocoagulation, pulsed radiofrequency and neuromodulation

## Pain of a Malignant Origin

Pain of a malignant origin can be both nociceptive, neuropathic or a combination of both. All of the procedures mentioned earlier would apply for the treatment of pain of a malignant origin.

## Neuropathic Pain

There are many varied procedures for neuropathic pain depending on the site of origin.

The blocks and treatments include:

- Splanchnic nerve blocks
- Celiac plexus and hypogastric plexus blocks
- Lumbar plexus blocks
- Stellate ganglion and high cervical sympathetic blocks
- Thoracic sympathetic chain blocks
- Transsacral and presacral blocks
- IV regional blockade
- IV Lidocaine and magnesium treatments with a combination of oral neuropathic therapy

## Treatment of Headaches

Headaches can be either a primary or secondary etiology and can often be a symptom of other significant medical conditions. Patients with headaches are always fully evaluated for other possible medical conditions. In other instances, headaches are present as a referred pain from cervical injuries and postural change of the cervical and/or upper thoracic spine. Interventional therapy can be incorporated into the treatment plan for headaches after a full evaluation is completed.

Several examples of treatment for headaches are:

- Occipital nerve block
- Stellate ganglion and high cervical sympathetic block
- Cervical facet injection
- Cervical radiofrequency lesioning
- Paravertebral cervical block or triggerpoint injections
- Trigeminal nerve block
- Sphenopalatine ganglion block
- IV medication infusions
- Botox
- Cervical epidural injections of local anesthetics and steroids
- Adjuvant multi-medication therapy



## The Guiding Principles

New England Pain Management Consultants offers a comprehensive approach to managing pain. Our physicians are board certified specialists in both pain management and anesthesiology. Our multi-disciplinary approach to pain management seeks to relieve symptoms, provide functional restoration and encourage emotional health.

In addition to using the most advanced developments and proven techniques in pain management, our staff is extremely qualified to offer a multi-disciplinary, individualized approach to treating chronic pain.

## Assessment and Treatment of Pain

The treatment of chronic pain includes evaluation in conjunction with non-invasive studies, including:

- Diagnostic local anesthetic blocks
- Therapeutic local anesthetic blocks
- Therapeutic blocks using steroids
- Neurolytic injections/neuroablative procedures
- Physical therapy with the application of peripheral stimulation procedures, aqua therapy and massage therapy
- Other Adjunctive Therapy and referral for complementary medicine, chiropractic management and acupuncture.
- Botox

## For More Information

To schedule an appointment, please contact Faulkner Hospital's Pain Clinic at 617-983-7080 or by fax at 617-983-7658.

Most insurance plans are accepted. However, if you have any questions regarding insurance coverage for pain management therapy at Faulkner Hospital, please call the Precertification Department at 617-983-7399. For billing questions, please call 617-983-7401.

## About Faulkner Hospital

Faulkner Hospital is a 150 bed, non-profit, community teaching hospital located in southwest Boston. Founded in 1900, Faulkner Hospital offers comprehensive medical, surgical and psychiatric care as well as emergency, ambulatory and diagnostic services.

For more information, please call Faulkner Hospital's Pain Clinic at 617-983-7080 or visit [www.FaulknerHospital.org/PainClinic](http://www.FaulknerHospital.org/PainClinic).

# Provider Guide Faulkner Hospital Pain Clinic

